



AGENDA

COMMITTEE ON AGING

March 20, 2024, 12:00PM

Tulare Senior Community Center

Cascade Room

201 NORTH "F" STREET

MISSION STATEMENT

TO PROMOTE A COMMUNITY MAKING TULARE THE MOST DESIRABLE PLACE TO LIVE,
LEARN, PLAY, WORK, WORSHIP AND PROSPER

I. CALL TO ORDER

II. PLEDGE OF ALLEGIANCE

III. REORGANIZATION OF THE COMMITTEE ON AGING.

IV. CITIZEN COMMENTS

*This is the time for citizens to comment on items within the jurisdiction of the Board. The Board cannot legally discuss or take official action on citizen comments that are introduced today. Each speaker will be allowed **three minutes**, with a maximum time of 10 minutes per item, unless otherwise extended by the Board.*

V. COMMUNICATIONS

*Communications are to be submitted 10 days prior to a meeting to be considered for this section of the Agenda. No action will be taken on matters listed under communications; however, the Board may direct staff to schedule issues raised during communications for a future agenda. Citizen comments will be limited to **three minutes**, per topic, unless otherwise extended by the Board.*

VI. CONSENT CALENDAR:

All Consent Calendar Items are considered routine and will be enacted in one motion. There will be no separate discussion of these matters unless a request is made, in which event the item will be removed from the Consent Calendar to be discussed and voted upon by a separate motion.

(1). AGENDA

- a. Approval of the agenda for meeting – March 20, 2024.

(2). MINUTES

- a. Approval of the minutes from meeting – January 17, 2023.

VII. GENERAL BUSINESS

(1). NUTRITION

- a. Nutrition Report. These reports cover congregate and home delivered (hot and frozen) meal participation for the months of January and February, 2024.
- b. Congregate Lunch – 2023 Survey Results.

(2). RECREATION-COMMUNITY SERVICES

- a. Recreation Report. These reports cover recreational activities and participation for the months of January and February, 2023.
- b. Classes & Activities: Additional information regarding classes and activities that may be prudent to the Commission.

VIII. OLD BUSINESS

(1) 2024 Health Advocacy Fair

- a. Recap of the day and who attended the event.

IX. NEW BUSINESS – None.

X. ITEMS OF BOARD – None.

XI. ADJOURNMENT

In compliance with the Americans with Disabilities and Brown Act, if you need special assistance to participate in the meeting, including the receipt of the agenda and documents in the agenda package in an alternate format, please contact the Tulare Senior Community Center (559) 685-2330. Notification 48 hours prior to the meeting will enable the Center to make reasonable arrangements to ensure accessibility to this meeting (28 CFR 35.102-35, 104 ADA Title II), and allow for the preparation of documents in the appropriate alternate format.

[Note: Pursuant to Government Code 54957.5 – Effective 7/1/08 Documents produced and distributed less than 72 hours prior to or during an open session of a regular meeting to a majority of the legislative body regarding any item on the agenda will be made available for public inspection at the meeting and at the City Clerk's office at City Hall located at 411 East Kern Avenue during normal business hours.

Next Scheduled Committee Meeting: May 15, 2024

MINUTES

COMMITTEE ON AGING

12 NOON

Wednesday, January 17, 2024

**Tulare Senior Community Center, 201 North “F” Street
Cascade Room**

MISSION STATEMENT

*To Promote a community making Tulare the most desirable place to
Live, Learn, Play, Work, Worship and Prosper*

I. CALL TO ORDER

The Regular Meeting of the Committee on Aging was called to order at 12:01 p.m. by Jevon Price

MEMBERS PRESENT: Jevon Price, Ralph Cantu, Jackie Zupp, and Celeste Galeno

MEMBERS ABSENT: Albert Lemus

STAFF PRESENT: Ashlee Winslow and Brian Beck

GUESTS:

II. PLEDGE OF ALLEGIANCE

The flag salute conducted.

III. CITIZEN COMMENTS – Pam Malloy expressed her appreciation towards staff and to the Committee for everything they do and expressed her desire to support the Committee as a private citizen.

IV. COMMUNICATIONS – None.

V. CONSENT CALENDAR – Approval of the Consent Calendar was made by Jackie Zupp, seconded by Jevon Price. Motion was passed with no objection.

a. Approval of agenda for the meeting on Wednesday, January 17th.

b. Approval of the minutes from the special meeting held on Wednesday, November 15, 2023.

VI. GENERAL BUSINESS

a. **NUTRITION REPORT:** Ashlee Winslow reported on months November and December 2023.

a. Approval of the November and December Nutrition Report – motion made by Ralph Cantu, seconded by Celeste Galeno. Motion passed with no objection.

b. **RECREATION REPORT:** Ashlee Winslow reported on months November and December 2023.

- a. Approval of the November and December 2023 Recreation Report – motion made by Jevon Price and seconded by Jackie Zupp. Motion passed with no objection.

VIII. OLD BUSINESS – Staff updated the Committee on the progress of the Healthy Advocacy Fair which will be held on Thursday, January 18, 2024.

- a. Staff provided an update on the Health Advocacy Fair. Noting that three agencies have agreed to participate – Altura, Central Valley Caregiver Resource, and HiCAP. Staff will provide an update after the event is complete.

IX. NEW BUSINESS – Staff provided an update on an additional funding source from KTAAA of the Nutrition Modernization Funding in the amount of \$31,599.

X. ITEMS OF BOARD – The Committee discussed a survey that was brought forward by Ralph Cantu – Health Care Advocacy Survey. After some discussion, the board felt that the survey was outside of the scope committee's role and noted that the survey may take the Senior Center into an area that we are unable properly assist.

XI. ADJOURNMENT

The meeting was adjourned at 1:17PM.

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Next meeting is scheduled for Wednesday March 20, 2024 at Noon.

NUTRITION ACTIVITY REPORT

MONTH: JANUARY 2024

DAYS OF SERVICE: 20

PROGRAM ACTIVITY	SENIOR MEALS	Average Daily Attendance This Month	STAFF GUESTS VOLUNTEERS	TOTAL THIS MONTH	SAME MONTH LAST YR	YEAR TO DATE	LAST YEAR TO DATE
C1 - Congregate	721	36	10 Meals Staff & Vol	770	2,716	4,121	18,444
C2 - To Go/Frozen			39 Guest Meal				
Hot	2,454					17,747	
Frozen	810					5,820	
C2 TOTAL	3,264	163		3,264	850	23,624	5,007
SENIOR TOTAL	3,985			4,034	3,566	27,688	23,451

SENIOR CONTRIBUTIONS

REVENUE	TOTAL THIS MONTH	AVERAGE PER MEAL	SAME MONTH LAST YR	YEAR TO DATE	LAST YEAR TO DATE
C1 - Congregate	\$ 727.00	\$ 1.01	\$ 2,279.85	\$ 4,098.55	\$ 14,848.87
C2 - To Go/Frozen	\$ 2,488.74	\$ 0.76	\$ 20.00	\$ 18,829.05	\$ 520.00
	\$ 3,215.74		\$ 2,299.85	\$ 22,927.60	\$ 15,368.87

NUTRITION ACTIVITY REPORT

MONTH: FEBRUARY 2024

DAYS OF SERVICE: 20

PROGRAM ACTIVITY	SENIOR MEALS	Average Daily Attendance This Month	STAFF GUESTS VOLUNTEERS	TOTAL THIS MONTH	SAME MONTH LAST YR	YEAR TO DATE	LAST YEAR TO DATE
LUNCH	625	33	8 Meals Staff & Vol 32 Guest Meal	665	2,647	4,786	21,091
HOME DELIVERY							
Hot	2,693					20,440	
Frozen	920					6,740	
C2 TOTAL	3,613	190		3,613	860	27,237	5,867
SENIOR TOTAL	4,238			4,278	3,507	32,023	26,958

SENIOR CONTRIBUTIONS

REVENUE	TOTAL THIS MONTH	AVERAGE PER MEAL	SAME MONTH LAST YR	YEAR TO DATE	LAST YEAR TO DATE
C1 - Congregate	\$ 500.00	\$ 0.80	\$ 2,512.70	\$ 4,598.55	\$ 17,361.57
C2 - To Go/Frozen	\$ 2,958.80	\$ 0.82	\$ 30.00	\$ 21,787.85	\$ 550.00
	\$ 3,458.80		\$ 2,542.70	\$ 26,386.40	\$ 17,911.57

RECREATION, PARKS, AND LIBRARY, SENIOR SERVICES DIVISION
Recreation and Social Services Attendance Report 2023-2024 January 2024

ACTIVITY/SERVICE NON-REVENUE	AVERAGE ATTENDANCE	TOTAL THIS MONTH	SAME MONTH LAST YEAR	YEAR TO DATE	LAST YEAR TO DATE
Bible Study	11	23	17	158	98
Cards	0	0	8	14	76
Line Dancing Lessons	11	45	25	250	151
Knitting & Crochet	4	20	11	132	96
Mah Jong	6	24	15	125	129
Memory Lane Writing	5	21	15	95	114
Open Painting	9	47	47	311	311
Subtotal		180	76	679	550
RECREATION - TSS Events					
Bingo	58	291	212	1307	1344
Dance - Friday	68	274	260	1811	1738
Subtotal		565	472	3118	3082
Special Events					
Caregiver Support Group (Monthly)		6	0	32	0
Subtotal		0	0		
Outreach					
100X Form New		46	36	336	334
Front Office/Phone		324	278	2897	2227
Facebook (729 Followers 3 posts)		641	469	4346	8631
Monthly Newsletter		200	200	1400	1400
Nutrition Education		231	200	1533	800
Subtotal		1442	1183	10512	13392
Social Services					
Hicap Counseling		4	0	11	5
Referral/Community Services		17	7	94	71
Legal Service-Attorney		2	3	15	16
Subtotal		23	10	120	92
Corporation Meetings					
Aging Commission (I & A)		7	6	22	18
Tulare Senior Services (I & A)		12	12	74	93
Subtotal		19	18	96	111

RECREATION, PARKS, AND LIBRARY, SENIOR SERVICES DIVISION
Recreation and Social Services Attendance Report 2023-2024 February 2024

ACTIVITY/SERVICE NON-REVENUE	AVERAGE ATTENDANCE	TOTAL THIS MONTH	SAME MONTH LAST YEAR	YEAR TO DATE	LAST YEAR TO DATE
Bible Study	11	49	18	207	116
Cards	0	0	0	14	76
Line Dancing Lessons	16	63	17	313	163
Knitting & Crochet	5	17	15	149	111
Mah Jong		19	24	144	153
Memory Lane Writing	4	20	18	115	132
Open Painting	8	68	46	379	357
Ping Pong		0	4	0	4
Subtotal		236	74	827	619
RECREATION - TSS Events					
Bingo	54	215	252	1522	1596
Dance - Friday	74	297	312	2108	2050
Subtotal		512	564	3630	3646
Special Events					
Caregiver Support Group (Monthly)		3	0	35	0
Subtotal		0	0		
Outreach					
100X Form New		39	44	375	378
Front Office/Phone		326	266	3223	2493
Facebook (730 Followers 5 posts)		640	522	4986	9153
Monthly Newsletter		200	200	1600	1600
Nutrition Education		175	0	1708	800
Subtotal		1380	1032	11892	14424
Social Services					
Hicap Counseling		3	2	14	7
Referral/Community Services		7	24	101	95
Legal Service-Attorney		2	1	17	17
Subtotal		12	27	132	119
Corporation Meetings					
Aging Commission (I & A)		0	0	22	18
Tulare Senior Services (I & A)		12	12	86	105
Subtotal		12	12	108	123

2023 Congregate Lunch Survey Results

On January 24th, The Tulare Senior Community Center staff conducted its annual congregate lunch survey for the 2023 year. The survey reviews the meals the were served over the 2023 year and provides us with feedback as to which meals we should stick with or the meals that we should remove from the menu.

Participants were given two weeks to review the meals and provide a response back. The survey was allowed to be anonymous, but in order to entice people to return the form, we added an option to win a \$25 Walmart gift card for their response.

Out of the 160 average daily attendance, we received 99 surveys back.

The results of the survey are as follows:

Top 5 least liked meals:

1. Red chili pork – 41 dislikes
2. Stuffed bell peppers – 28 dislikes
3. Pizza – 27
4. Lemon and herb tilapia – 27
5. Pork chili verde – 26

Top 5 most liked meals:

1. Meatloaf – most liked
2. Enchiladas
3. Roasted turkey
4. Chef salad
5. Lasagna

Overall, 76% of participants are “very satisfied” with the meal program, 17% noted they were satisfied, and 4% noted fair.

In addition to meal satisfaction questions, we also asked about staffing and their overall satisfaction with staff. Most of the responses had an overwhelming positive response to the staff. There were no negative responses or comments about the staff.

After the review of these surveys, staff will work with the caterer to reduce the amount of times the top five least liked items appear on the menu. Staff does understand that it is hard to please everyone, but we are striving to find a common ground that will hopefully satisfy a majority of people.